TREE OF LIFE Series 1

Beyord The Red Shoes

paintings from the heart by

Karen Curran



©2016 Karen Curran.

This book is copyright. All the paintings are copyright. Author and illustrator/painter and designer Karen Curran www.karencurran.com.au

Other than for the purposes and subject to the conditions prescribed under the copyright act, no part of it may in any form or by any means (electronic, mechanical, microcopying, photocopying, recording or otherwise) be reproduced, stored in a retrieval system or transmitted without prior written permission. Please contact the publisher for any queries.

ISBN 978-0-9752325-3-8 @2016

Title: Beyond the Red Shoes - Tree of Life Series 1

National Library of Australia Cataloguing-in-Publication Data

Curran, Karen

Title: Beyond the Red Shoes - Tree of Life Series 1

Includes index.

ISBN 978-0-9752325-3-8

1. Curran, Karen.

Published by Unicorn Graphics (Australia) PO Box 388 Springwood NSW 2777 Australia www.unicorngraphics.com.au

Cover design, book design and production by Karen Curran Fonts: Bauhaus Light and Helvetica Nue Thin

Printed in Australia by Kainos Print

First print 2016

Cover: Envirocare 300gsm - 100% recycled stock Internal pages: Satin 170gsm - sustainable stock

As a resident of the beautiful Blue Mountains, New South Wales, Australia I acknowledge the Darug and the Gundungurra Nations as the traditional custodians of this land.



Contents

The Awakening
The Invitation6
Letting Go 8
New Beginnings 10
Transformation
The Descent
The Story of The Red Shoes
Thoughts
Blessed We Are
Encouragement
About the Artist and Author
Thank You 24

The Awakening

re-igniting an interest in life noticing wanting more



TREE OF LIFE: Series 1



The Invitation

The invitation to explore

The call





The Invitation

Why the title 'Beyond the Red Shoes'?



The original tale was created by Hans Christian Andersen - this version adapted by Karen Curran

Beware - a gruesome tale.

Long ago there was a little girl without a mother, who had no shoes. She saved pieces of red cloth and made herself a pair of red cloth shoes which she loved, because she had created them from her heart. Her name was Karyn.

Then a wealthy woman decide to take her in and treat her as her daughter. She was cleaned and given good clothes and new shiny black shoes, but her old clothes and her precious red shoes were destroyed. Many people thought that Karyn should be and act grateful.

However, this caused much sadness in Karyn because the red shoes had given her a purpose and much joy. Now she was confined to being a perfect child - sitting still quietly and not speaking aloud without being spoken to, hugging all her thoughts and sorrows to herself. Inside herself there was a secret burning in her heart as she yearned for her old red shoes more than anything.

Karyn's life now was very strict and she was prepared for her Confirmation (First Communion) in the village church. This occasion was considered very special, so a new white dress and a special pair of shoes were required. The old woman took the little girl to the crippled shoemaker for the new shoes.



Beyond the Red Shoes is the pictorial interpretation of my own journey.

From The Awakening, to The Invitation to explore within, to Letting Go - having to let go of the ties that bind (eg the red shoes), to New Beginnings and wonders, Transformation, and the ultimate willingness to start The Descent into the depths of the unknown.

I understand that many of us go on this journey and it's up to each individual whether to accept or reject The Invitation or Call when or if it comes. You may just like to enjoy the paintings without reading anything into them.

My prayer for you dear reader, is to be inspired by my paintings, no matter what stage you are at.

May you find peace and joy, and remember your song.





Blessed We Are

Blessed we are to dance on this ground the rhythm of saints to carry the sound We hold a prayer for the Earth, for the ones yet to come May you walk in beauty and remember your song.

Remember why you came here Remember your life is sacred.

Peia Luzzi - www.peiasong.com

Lyric from 'Blessed We Are' from the album
Four Great Winds: A Global Voyage Into Sacred Song
quoted with permission from Peia with grateful thanks



TREE OF LIFE: Series 1

Encouragement

As we look around us, or back over the years, we can often see snippets of encouragement that we did not recognise.

Below is an extract from a note my late uncle sent to me a few years ago on one of my birthdays, before he passed, that only came to fruition this year.

I hope it encourages you also, no matter what you do in life.

At time to look, absorb and discover your creative spirit, using all the skills already mastered in the service of graphics and applied design.

Project your TRUE SELF via SELF EXPRESSION.

In a word FLY.

Love Ross

Ross Doig Artist, Teacher and Conservationist

