

**Increasingly, fears around the future are paralysing us.** It is time to start replacing the age-old forms of enquiry with a newly appropriate ‘Why?’

- *Why are we struggling with relationships instead of flourishing within them?*
- *Why, after a comprehensive education intended to be the foundation of a future filled with confident expectation, are so many students and young graduates suffering anxiety and depression?*
- *Why, when life is meant to be a joyful expression of contentment, are too many people dissatisfied with their circumstances, regardless of the countless advantages and privileges of a sophisticated existence?*
- *Why, in spite of our many great scientific milestones and technological achievements, does it seem that the mainstream medical model too often merely manages symptoms ~ the long-term nursing of pathologies taking precedence over healing through restoration of potential?*
- *Why, in our quest for justice, do we feel that today’s legal system no longer upholds integrity and truth?*
- *Why, despite an overwhelming desire to live in a peaceful world, do all nations face the repercussions of the horrors of war on a daily basis?*
- *Why do most of our political representatives persist in maintaining a crippling and outdated oppositional stance instead of developing a vision and co-operating to bring it about?*
- *Why are our countries collapsing under their financial burdens ~ every man enslaved to today’s financial pharaohs?*
- *Why do we feel so impotent ~ what difference do our best efforts make to our circumstances?*

We are presently watching everything we have placed our trust in for generation upon generation crumble before our eyes. More than ever before, it is important to find the context for, and purpose within, these **seemingly** random discomforts.



WHERE DO WE GO FROM HERE?

With the unfolding of the evolutionary process, humanity is confronted with the challenge of making the transition from evolving unconsciously to becoming the masterful, conscious co-creators of the future. **Mankind's destiny awaits his coming of age.** The new Age of Aquarius is upon us. It demands a quantum shift from a self-protective stance to one of unconditional unanimity. The time has now arrived to courageously enter the chaos as the 'old' dissolves away.

### **BE NOT AFRAID**

While it is generally accepted that life progresses through the three successive phases of INITIATION, PERPETUATION, and DISSOLUTION, it is so important to remember that **dissolution should not be mistaken for destruction**, as the breaking-down process is always in the service of transformation into a higher state or order.

### **AND TRANSFORMATIONAL CHANGE MUST COME.**

The old archetypes which brought us to this juncture, while serving us well for the earlier phase of our development, cannot accompany the human race through the inevitable transformational shift whose time has come. CHOICE is involved.

**Relinquishing our pride, we can step humbly and courageously onto the path, just as the pioneers of old journeyed into lands yet unfamiliar, forging new tracks into the promise of a new future for generations to follow.**

### **OR**

**Instead of sacrificing our own self-interest in the interest of the whole race of men and our planetary home, we can resist the discomfort of change until we are brought to our knees as the systems and structures which have outlived their foundational usefulness fail to be able to support the new heights of expression waiting to come into being.**

The overarching intention behind this work is to reposition not only our present-day global events, but also our individual circumstances, within the optimistic framework of our metamorphosis.

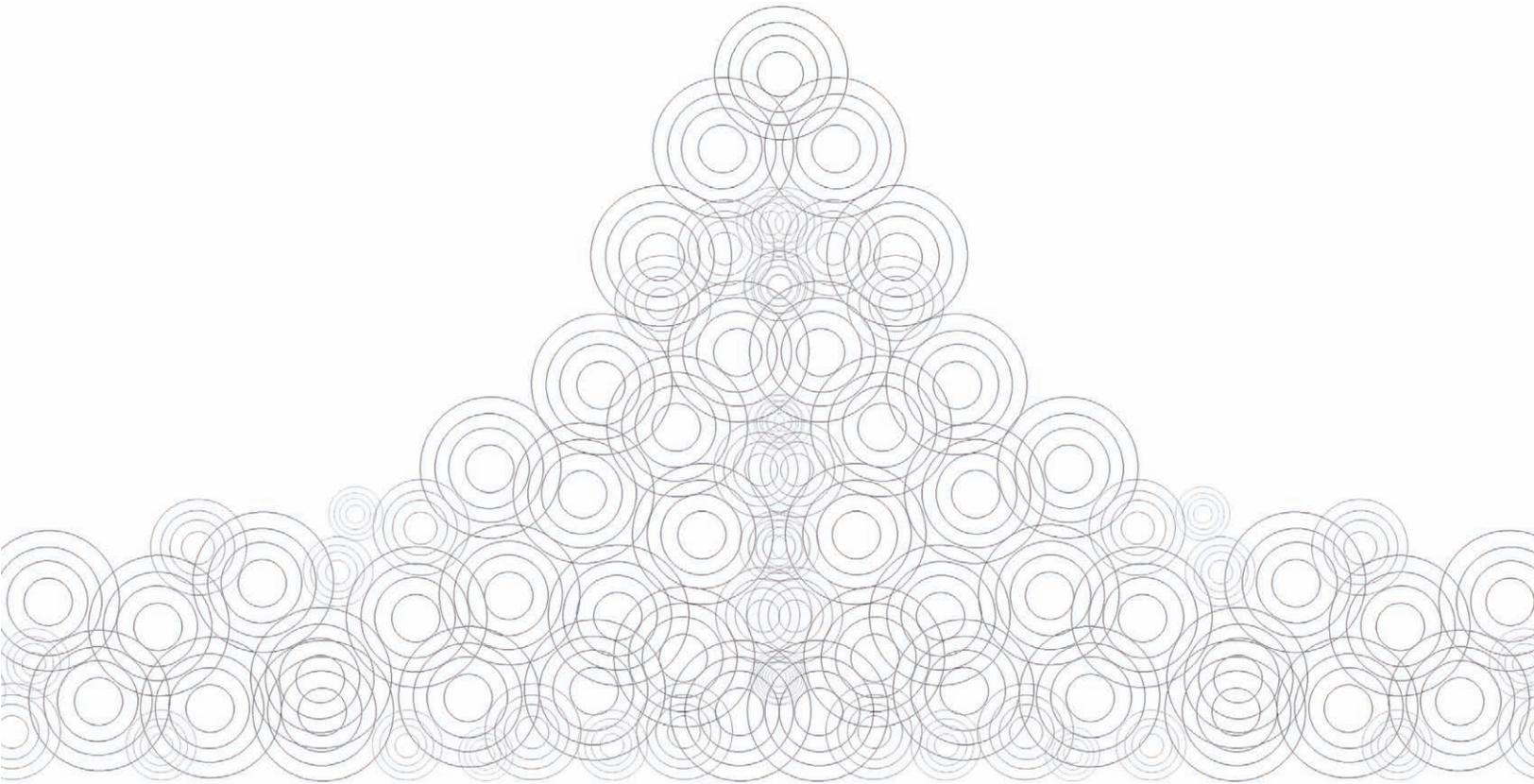
In my practice as a therapist I often draw upon the parallel threads of Wisdom living within the Sacred Teachings, the Sciences, and the Arts in an attempt to make sense of the unfolding processes that those I work with encounter upon their transformational journeys. I have long recognised that once armed with the perspective of a context into which their mental, emotional and physical stresses can be placed, people willingly engage with the invitation to the consciousness expansion offered by life's challenges. By looking at where we have come from and where we are now, we can develop an appreciation of the perpetuating nature of the cosmic laws directing the evolutionary process. Then it becomes possible to step onto the path of aligning ourselves with the glorious purpose of our elevation ~ **as empowered visionaries instead of impotent observers.**

With this new understanding, it will be possible for **benevolence** rather than our divisive fears to make decisions for us, and the future, no longer a consequence of mere self-interest, can be founded upon the grace of conscious **altruism.**

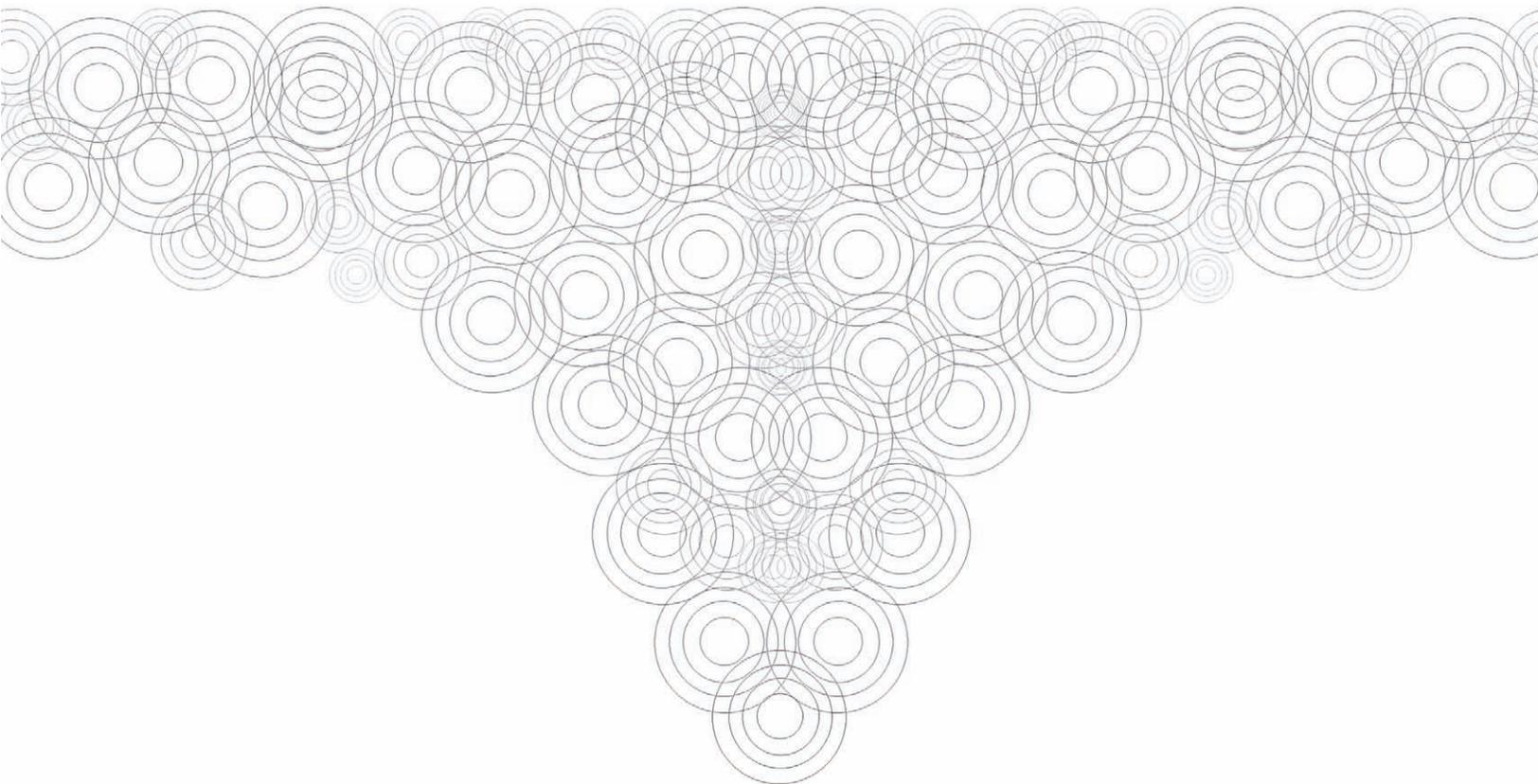
Humanity is now facing the challenge of making this transition; firstly as individuals, then through ever-broadening collectives until, with the exponential power of critical mass, a quantum leap into a new reality occurs.

Each and every one of us on earth today, both singly and collectively, has been entrusted with the task of participating in the co-creation of a divine masterpiece.

**In our hand ~ the artist's brush,  
before us ~ a fresh canvas,  
upon our palette ~ the colours of God.**



~ A GREAT WORK ~  
OUR LABOUR HAS BEGUN

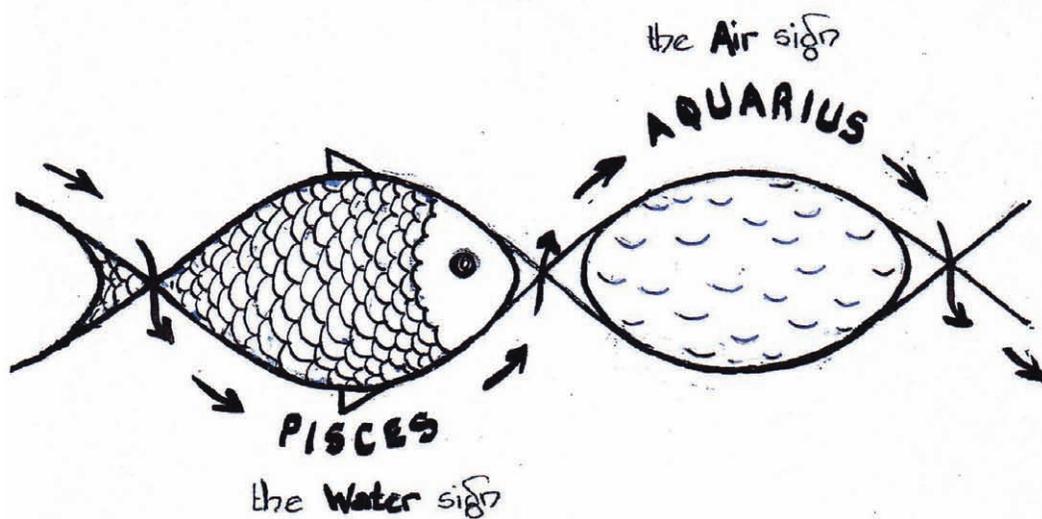


Today Mother Earth and her child, Mankind, are suffering. Afflicted by the escalation of destabilising global events, we are enduring labour's advanced contractions as humanity's birth into the Aquarian Age takes place.

**SUFFERING** should not be confused with **PAIN**

PAIN, whether it be physical, emotional, or mental, is the message that energy is trapped in its cycle. Energy, like water flowing through a hose, has a pathway through which it must continue to move. If this circuit is interrupted ~ if the hose develops a kink ~ and interference to the flow is prolonged, pressure starts to build up behind the blockage. The discomfort caused by this pressure is pain, and **PAIN is the INVITATION TO GIVE THE PROBLEM OUR ATTENTION**. Unless the movement is restored the pressure will continue to increase in its intensity, and being able to withstand only so much of the force that drives the flow forward on its path, one of two things will happen ~ either it will reflux and reverse the natural direction intended for it, or it will burst its boundaries. *( Both being the way prolonged and unresolved pain becomes the forerunner of disease ~ the EASE of the flow of energy resulting in well-being; pain being the UNEASE caused by interference to the momentum behind energy's flow; and DISEASE, the consequence of energy's natural direction having reversed ~ the prefix 'dis' meaning 'away from' or 'having a reversing force' ).*

On the other hand however, **SUFFERING is the INVITATION TO TRANSFORMATION**. In the process of childbirth, where enormous discomfort is more often than not the experience, there is the recognition that with every contraction, not only is the mother's body being readied to facilitate the infant's delivery from its



WHERE DO WE GO FROM HERE?

comfortable environment within her, but the organs of the babe are also experiencing incredible perturbation as the same contractions squeeze the uterine fluids out of its body and awaken to a new behaviour all its little tissues and systems.

**THE GREAT SIGNIFICANCE OF SUFFERING IS THAT IT RELEASES POTENTIAL  
AND ALIGNS US WITH OUR DESTINED PURPOSE.**

2012 arrived . . .

and with its advent, Mother Earth's waters were broken. The intermittent contractions which started some years ago are now being felt more frequently and deeply, preparing infant humanity to leave the watery environment of the Piscean womb within which we have been carried for over 2,000 years.

As with the birth of a child, the chaotic conditions of our previously comfortable world are analogous to the suffering of the birth process once the time comes to leave the home which has been its embryonic cocoon, its protection, and its supply, for the period of its gestation. Just as each uncomfortable contraction expels the hitherto vital fluids of the watery confines out of the infant body in preparation for its first welcomed gasp in a world where breath means life, so too, our conditioning under the influence of Pisces the WATER Sign, which has sustained our existence till now, must be relinquished. It will not serve us well as we journey into a new future under the rule of Aquarius the AIR Sign.

This increasing perturbation is the preparation for

**THE ASCENT OF MAN.**

We are to surrender our identity as seen through the deflection of the watery lens of Pisces and become seekers of **Truth** ~ not **elastic truth** as glimpsed through the dance of water's perpetual movement, but **transparency** delivered by

the **light** conducted upon the air of the Aquarian Age.

We have been like the earthbound caterpillar focused relentlessly on finding food for its consumption, its vision limited to what exists close to the earth's surface. What is it that calls it to enfold itself into a chrysalis for a long, silent, dark night where its **DOING** identity is stripped away to such a degree that the old cannot even be recognised within the new **BEING** that emerges? Movement now fuelled by its winged solar panels, and no longer bound to its earth bed by gravity, it is at home in the expanse of light far above its once confined frontier.

Now, just by 'being' a butterfly, it serves the kingdom of nature. Through its graceful *ballet en l'air* during which it transfers pollen from stamen to pistil, as if in appreciation it assists in the perpetuation of the very plant life which, in its less evolved phase of existence, provided it with sustenance.

So also is man, like the greedy driven caterpillar, being readied for the silent deep stillness of the cocoon of his metamorphosis. Our old identity, based on what we DO and made secure by relentless consumption, is going to be stripped away, and on emerging, every man will know himself to BE an Expression of Light.

*Then we shall see the Family of Man co-operating with its Earth Mother, which has patiently borne and nourished her charge through the vulnerable **DEPENDENT** phase of its evolution. No longer ignorant of the motherly generosity of her body's resources to ensure our survival, we will honour her faithful self-sacrifice during the 'innocent-through-to-irresponsible' stages of our progressive development. However, she is depleted and exhausted from our poisons and gouging during the arrogant phase of our increasing material security while believing ourselves to be **INDEPENDENT** of her. Because it is time to mature into a harmonious **INTERDEPENDENCE**, it is important to tend to her physical recovery*

*and restoration. With conscious appreciation of her gifts to us we must begin to co-operate with her continual replenishing of our life-giving oxygen by replanting the forests she allows us to borrow for our needs, recondition her once crystal clear waters, and heal her scars after we incise from her depths the minerals it took her millions of years to prepare for our eventual and intended benefit.*

*And let us remember that just like every beautiful mother, she suffers when her children cannot resolve their differences (refusing to ‘forgive and forget’ hurts from the past) and persist in fighting with their siblings. She has waited long enough for us to acknowledge that the resources she provides are to be used for the advantage of all her family ~ the Brotherhood of Man ~ and as long as they are used to control or diminish any of her offspring, the increase of natural, as well as man-made, disasters will continue to remind us of the importance of international goodwill.*

### **WE DO HAVE A CHOICE.**

**We can step willingly onto the path of compassionate assistance and shorten the length of the labour, or we can resist because some of us are so steeped in comfort that until our small world of self-interest is rocked to its core and ‘our own’ are threatened, it will take emergency upon ever-closely-approaching emergency to align us with the unfurling plan.**

Through the promise borne of this age, humankind cannot but fulfil the destiny that lies before it. Newly **Enlightened Man** will have the task of creating a paradise out of patient Mother Earth. Once he recognises his relationship to the whole and the sacredness of all existence, he will serve it with deep reverence as an ambassador of goodwill.

The perfected archetypal design for this graceful expression of BEING has already been established within humanity's holographic DNA by the life and exemplary conduct of the one who declared with divine authority,

**'I AM THE WAY, THE TRUTH, AND THE LIFE.'**

Because of the manner in which the Carpenter of Nazareth lived His thirty-three years on our earth, a mighty stream of spiritual graces has poured forth from Him and, in penetrating this age, unimaginable hues have been added to the choice of colours upon mankind's palette for his developing masterpiece.

**Humanity now stands at the gates of the New Testament's profound Revelation of St. John, languaged in rich and mysterious symbolism in order to preserve its relevance through two thousand years of human development.** In recognising the dawning of a future born of this emerging apocalyptic vision, our human family, increasingly aware that all things have their roots in God, will soon collectively begin to fulfil the sacred task of intentionally co-creating a world where sorrow and ignorance give way to the glories that are ready to unfold ~ the Promise of Ages foretold by religion.